ZAIDI orthodontics

Orofacial Pain and Temporomandibular Joint Disorder
Patient History and Questionnaire

Date____/____/____

Name: _____ Sex:____ Date of Birth: ____/____/____ Age: _____

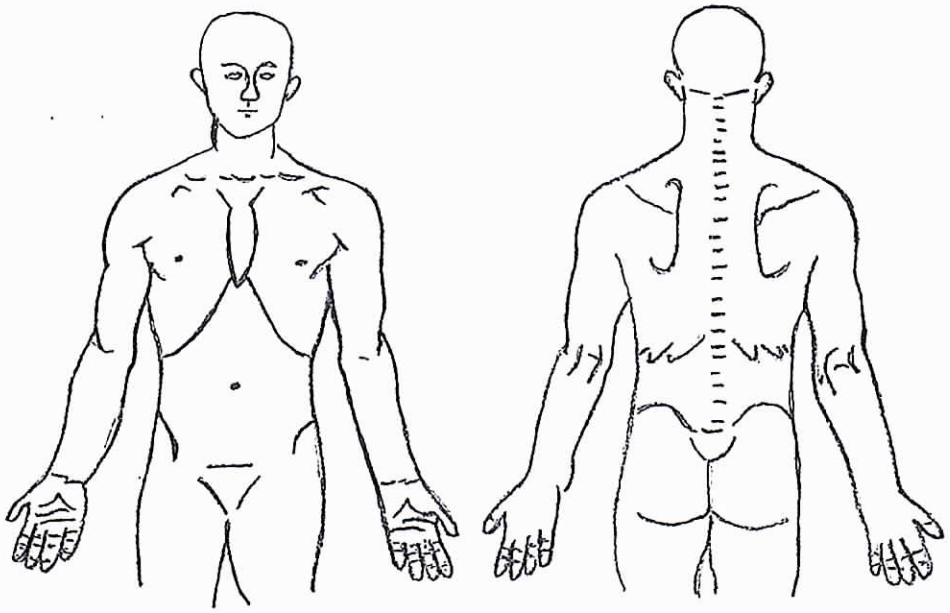
Occupation: _____ Physician: _____ Dentist: _____

Referred by: _____ Chief Complaint/Concern: _____

Describe when and how did this problem/pain first occurred? _____

Location

Please draw where your pain occurs. If you have multiple sites of pain. please number them from one to ten with most painful site being # 1.



Has the location or type of pain changed since its initial occurrence? Yes No Explain: _____

GENERAL PAIN / PROBLEM ASSESSMENT

Do you have?

Facial pain	☐ No	☐ Yes, Rt.	☐ Yes, Lt.	☐ Past	Dental pain	☐ No	☐ Yes, Rt.	☐ Yes, Lt.	☐ Past
Jaw Joint pain	☐ No	☐ Yes, Rt.	☐ Yes, Lt.	☐ Past	Jaw muscle pain	☐ No	☐ Yes, Rt.	☐ Yes, Lt.	☐ Past
Headaches	☐ No	☐ Yes, Rt.	☐ Yes, Lt.	☐ Past	Neck pain	☐ No	☐ Yes, Rt.	☐ Yes, Lt.	☐ Past
Shoulder pain	☐ No	☐ Yes, Rt.	☐ Yes, Lt.	☐ Past	Earaches	☐ No	☐ Yes, Rt.	☐ Yes, Lt.	☐ Past
Ringing in the ears	☐ No	☐ Yes, Rt.	☐ Yes, Lt.	☐ Past	Dizziness	☐ No	☐ Yes	☐ Past	
Change in hearing	☐ No	☐ Yes, Rt.	☐ Yes, Lt.	☐ Past	Change in bite	☐ No	☐ Yes	☐ Past	

HEAD and NECK PAIN / SYMPTOMS

1. Date of Onset and side: (R) _____ (L) _____
2. Area(s) of onset: _____
3. Circumstances surrounding onset, if known: _____
4. Pain Type: ☐ Superficial ☐ Piercing ☐ Throbbing ☐ Pulsing ☐ Severe ☐ Spontaneous ☐ Fit-like
5. Pain Quality: ☐ Burning ☐ Aching ☐ Bright ☐ Dull ☐ Itching
6. Pain Intensity: ☐ Mild ☐ Moderate ☐ Severe ☐ Incapacitating ☐ Limits activities: _____
7. Numbness: ☐ Face ☐ Head ☐ Neck/Shoulder ☐ Arm/Hand Other: _____
8. Pain Frequency: ☐ Constant ( ) Times / Day ( ) Times / week ( ) Times / month
9. Pain Duration: ☐ Momentary ☐ Seconds to Minutes ☐ Hours ☐ All Day ☐ Days ☐ Constant
10. Pain Localization: ☐ Localized to _____ ☐ Diffuse over _____ ☐ Radiates to _____
11. Time of greatest intensity: ☐ On Awakening ☐ Morning ☐ Afternoon ☐ Evening ☐ Night
12. Current pain: ☐ Increased ☐ Decreased ☐ Unchanged When? _____
13. Onset: ☐ Abrupt ☐ Gradual Disappearance ☐ Abrupt ☐ Gradual
14. Can the pain awake you out of a sleep? ☐ Yes ☐ No
15. Pain is triggered by sensitivity to: ☐ Food ☐ Light ☐ Sound ☐ Odors ☐ Touch Other _____
16. Pain aggravated by: ☐ Face movement ☐ Jaw movement ☐ Tongue movement ☐ Chewing ☐ Talking ☐ Swallowing
    ☐ Head position ☐ Body position ☐ Activity ☐ Tension ☐ Fatigue ☐ Heat / Sun ☐ Driving ☐ Foods
    ☐ Clenching/ Grinding Other: _____
17. Pain accompanied by: ☐ Nausea ☐ Eye spots ☐ Dizziness ☐ Sweating ☐ Neck stiffness ☐ Stomach cramps
18. Pain is relieved by: _____
19. Longest pain-free period? _____
20. Pain in specific teeth? _____
21. Sore throat or difficulty swallowing? ☐ Yes ☐ No

EAR / TMJ / DENTAL SYMPTOMS

1. Do you have pain in or about the ear(s)? ☐ No ☐ Yes, right ☐ Yes, left
2. Do you have dizziness? ☐ Spinning ☐ Lightheaded ☐ Fainting ☐ Meniere's disease
3. Do you have ear noise? ☐ Ringing: ☐R ☐L ☐ Popping: ☐R ☐L ☐ Whooshing: ☐R ☐L ☐ Clicking: ☐R ☐L
4. Have you noticed a decrease in hearing acuity? ☐ No ☐ Yes ☐ Stuffiness ☐ Excessive ear wax ☐R ☐L
5. Do you have a history of ear infections or operations? ☐ No ☐ Yes, Right ☐ Yes, Left
6. Do you have pains in your ☐ Tongue ☐ Throat ☐ Right cheek ☐ Left cheek
7. Does your jaw hurt? ☐ No ☐ Right ☐ Left
8. Do you have jaw or facial muscle fatigue? ☐ No ☐ Yes, when: _____
9. Have you noticed any facial swelling? ☐ No ☐ Yes, Right ☐ Yes, Left
10. Does your jaw make a noise?

    Right side ☐ No ☐ Clicking ☐ Popping ☐ Grinding ☐ Other _____

    When? _____ How long? _____

    Left side ☐ No ☐ Clicking ☐ Popping ☐ Grinding ☐ Other _____

    When? _____ How long? _____

11. Has your jaw ever locked?

    Right side ☐ No ☐ Yes ☐ Current ☐ In the past

    ☐ Open When? _____ How frequent? _____

    ☐ Closed When? _____ How frequent? _____

    Left side ☐ No ☐ Yes ☐ Current ☐ In the past

    ☐ Open When? _____ How frequent? _____

    ☐ Closed When? _____ How frequent? _____

12. Do you grind or clench your teeth? ☐ No ☐ Yes ☐ Daytime ☐ Night
13. Do you have sore or sensitive teeth? ☐ No ☐ Yes ☐ Hot ☐ Cold ☐ Sweets ☐ Chewing
14. Do you lose or break fillings? ☐ No ☐ Yes Do you have cracked or broken teeth? ☐ No ☐ Yes
15. Do you have loose or mobile teeth? ☐ No ☐ Yes Do your gums bleed? ☐ No ☐ Yes
16. Do your gums feel tender or swollen? ☐ No ☐ Yes Have you ever had periodontal treatment? ☐ No ☐ Yes

    When? _____ Dr. _____

17. Do you have noticeable wear on your teeth? ☐ No ☐ Yes Food traps? ☐ No ☐ Yes
18. Are you missing any teeth? ☐ No ☐ Yes Have they been replaced? ☐ No ☐ Yes

    If so, how? ☐ Fixed bridge ☐ Removable partial ☐ Full denture ☐ Dental Implant

19. Are you comfortable with the replacement? ☐ Yes ☐ No Comment? _____
20. Have you noticed a change in your bite? ☐ No ☐ Yes When? _____

GENERAL WELLNESS ASSESSMENT

Marital status: ☐ Single ☐ Married ☐ Separated ☐ Divorced ☐ Widowed ☐ Remarried

Do you have difficulty getting to sleep? ☐ No ☐ Yes Do you sleep well? ☐ Yes ☐ No ☐ Sometimes

Is your sleep interrupted? ☐ No ☐ Yes Do you consider yourself to be under a lot of stress? ☐ No ☐ Yes

Distress or Mental anguish caused by: ☐ Spouse ☐ Children ☐ Mother ☐ Father ☐ Friends ☐ Work

☐ Economics · Other: _____

How would you rate your irritability level? ☐ Mild ☐ Moderate ☐ Severe _____

How would you rate your anxiety level? ☐ Low ☐ Moderate ☐ High How is it experienced? _____

Have you had a problem with? ☐ None ☐ Concentrating ☐ Memory ☐ Panic attacks ☐ Crying spells ☐ Appetite
☐ Weight loss / gain ☐ Libido ☐ Anger outbursts ☐ Impulsiveness

Have you ever had a problem with? ☐ None ☐ Nervous stomach ☐ Ulcers ☐ Skin disease ☐ Allergies

Occupation: _____ Hours worked / week: _____ Years employed at present job: _____

Do you like your job? ☐ Yes ☐ No Explain: _____

Is there anything about your job that causes you excessive stress or anxiety? _____

What job would you like to do? _____ Have you had a change in employment? ☐ No ☐ Yes

Do you exercise? ☐ Daily ☐ ( ) X's per week ☐ Rarely ☐ Never

What do you do for exercise? _____

Do you have or have you ever had arthritis? ☐ No ☐ Yes ☐ Past Where? _____

Does your family have a history of arthritis? ☐ No ☐ Yes ☐ Past Where? _____

Does your pain keep you from doing anything? ☐ No ☐ Yes What? _____

Do you recall any injury to your jaw, head or neck? ☐ No ☐ Yes Date(s): _____

Describe: _____

Do you take any medications for pain? ☐ No ☐ Yes If, yes, what? _____

Do you take any medications for relaxation or sleep? ☐ No ☐ Yes If, yes, what? _____

Have you had any treatments for your problem? ☐ No ☐ Yes If yes, what ? _____

· Bite splint _____ · Occlusal adjustment _____

Medication _____ Orthodontics _____

Physical Therapy _____ Surgery _____

Chiropractic _____ Medication _____

Counseling _____ Other _____

Please add anything else that you feel is important:: _____

_____

_____

_____

_____

_____

_____

Signature: _____ Date: _____

_____